

School Health Profiles Report

VERMONT
~ 2010 ~

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Introduction

The Vermont Department of Education supports the academic success and well-being of all school-aged children. While a basic tenet of the No Child Left Behind Act is to ensure that all children have equal opportunities for academic achievement, this cannot occur in the absence of good health. We remain steadfast in our belief that learning is linked with the health of the school community, including that of students, faculty and parents.

The Vermont Department of Education is committed to improving student health outcomes and health behaviors through comprehensive, skill-based health education programs; the establishment of school health teams in every school; physical activity and physical education programs to support cardiovascular fitness; accessible and nutritious food; substance abuse prevention and intervention programs; mental health programs that build upon a student's strengths; healthcare coverage; family involvement and creation of environments safe from hazards and harassment. Specific to health education, one of the department's priorities is to train school faculty and administrators how to adopt a standards-based health education curriculum, prepare assessments that will accurately evaluate students' knowledge and skills and provide information which supports program improvement.

School Health Profile

The Vermont Department of Education employs the School Health Profiles, a data collection instrument developed by the Centers for Disease Control and Prevention, to obtain school-based information about current health policies and health education practices. This instrument, designed for use in secondary schools containing any grades from six through twelve, asks questions of school administrators and school health educators. The DOE collected data in 2002, 2006, 2008 and again in 2010. The charts on the following pages provide a comparison of the 2008 and 2010 data sets.

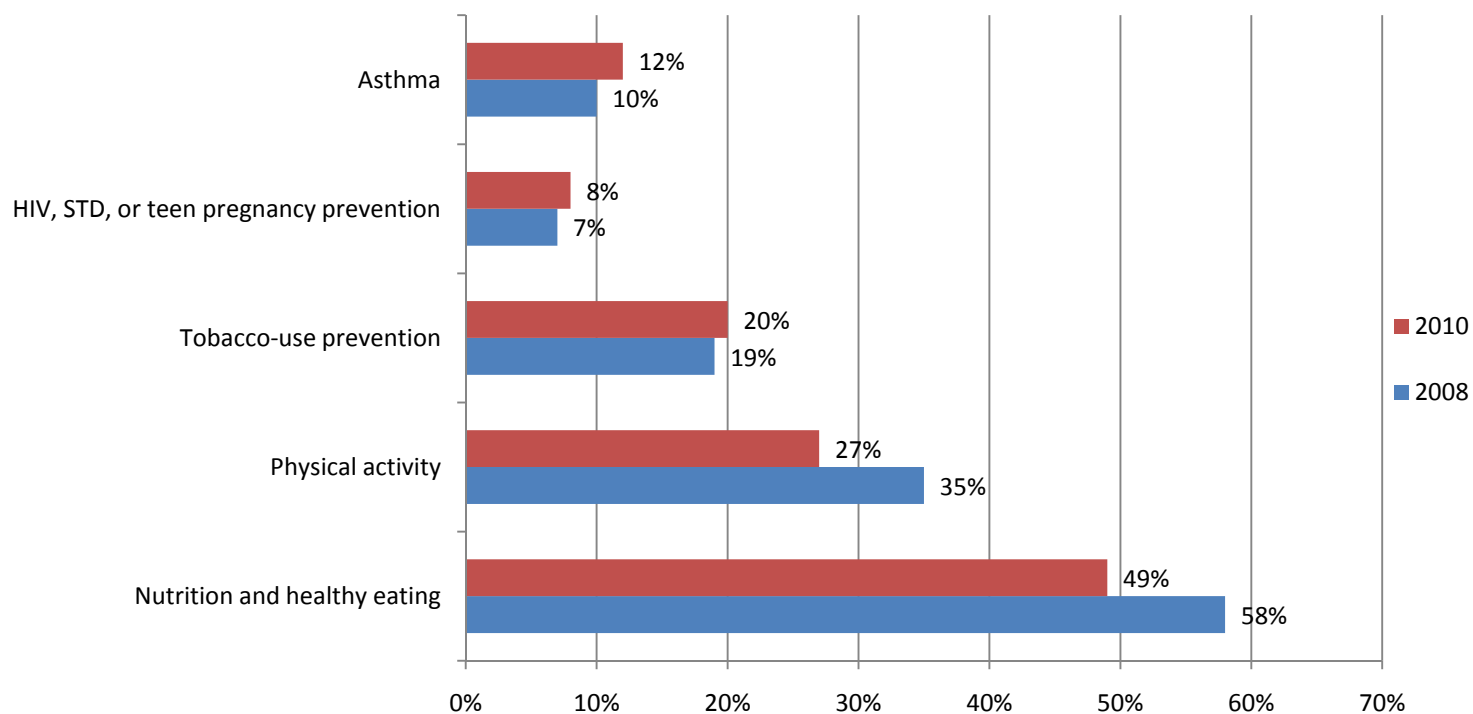
How these charts can be used

Administrators, school board members, school health coordinators, school nurses, health educators, physical educators and parents can use this information to compare their school's health policies, practices, health education and physical activity programs with the rest of the state, guide local action planning and to advocate for specific school health improvements. Policy-makers and governmental employees can make use of this information to develop and improve upon Vermont's school health and health education programs and policies.

Family and Community Involvement

Percentage of schools in which students' families helped develop or implement policies and programs related to the following topics

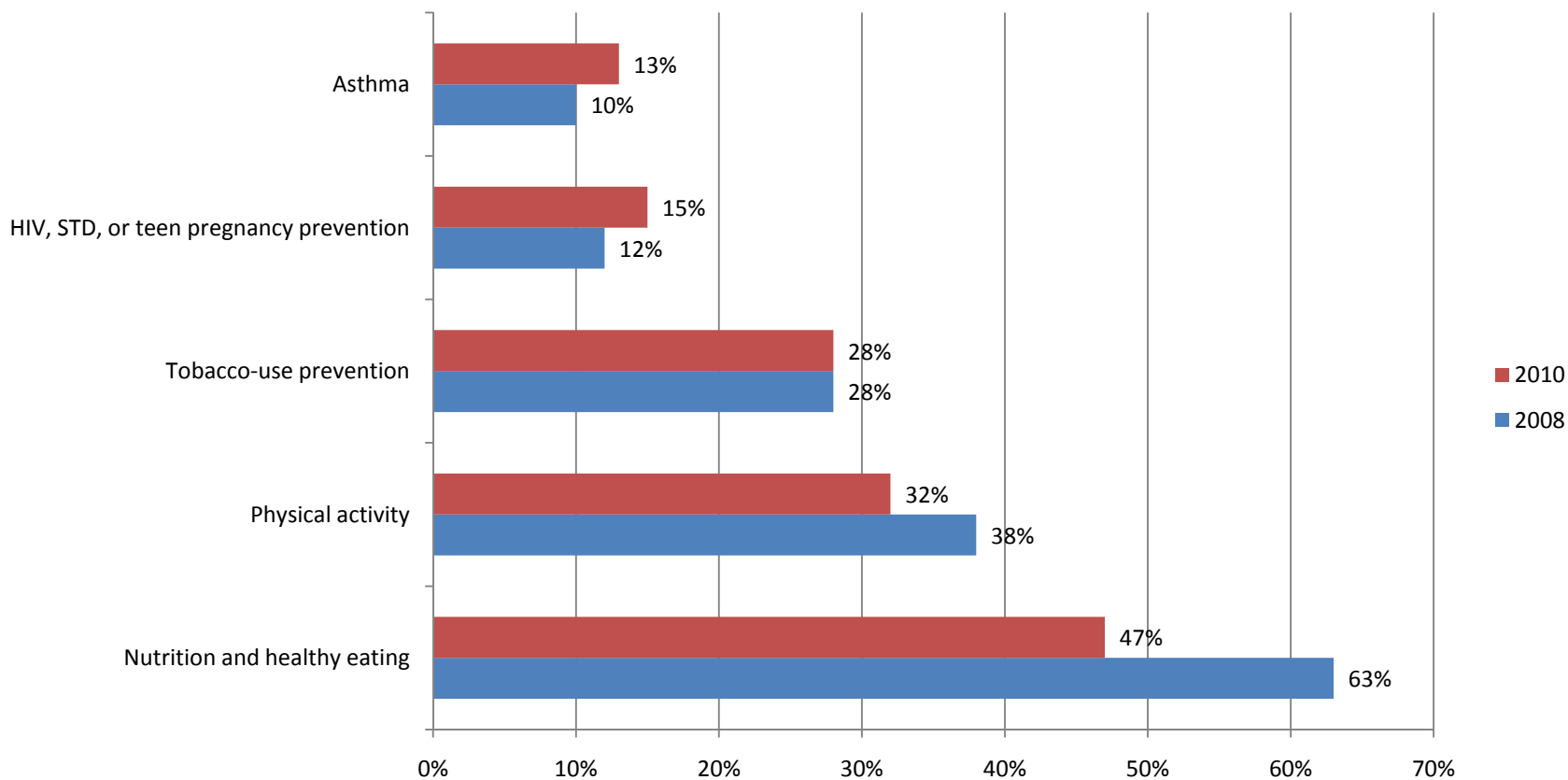
(Source: 2008,2010 School Health Profiles)



Family and Community Involvement

Percentage of schools in which community members helped develop or implement policies and programs related to the following topics during the two years before the survey

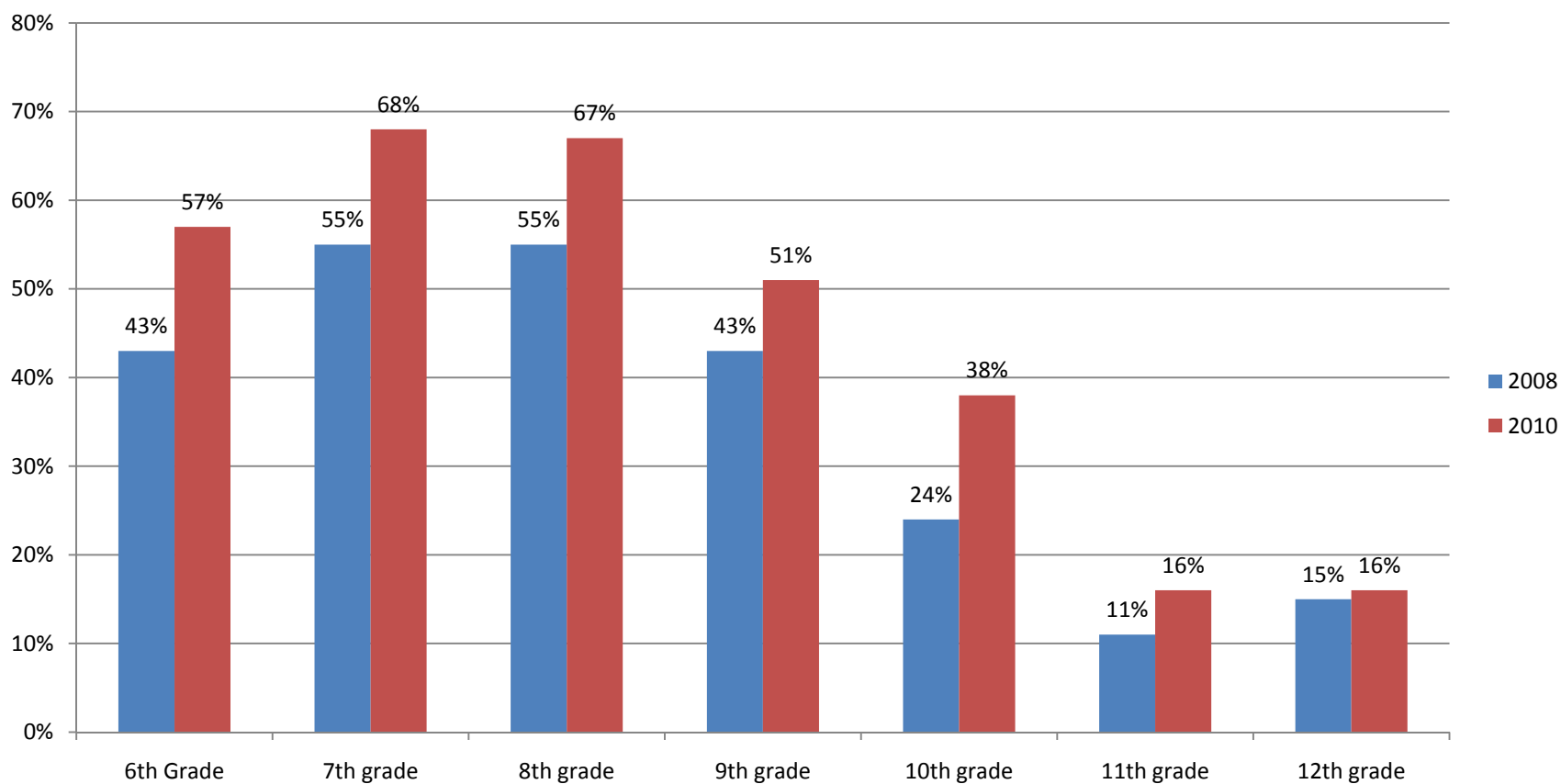
(Source: 2008, 2010 School Health Profiles)



Health Education

Percentage of schools that taught a required health education course in the following grades

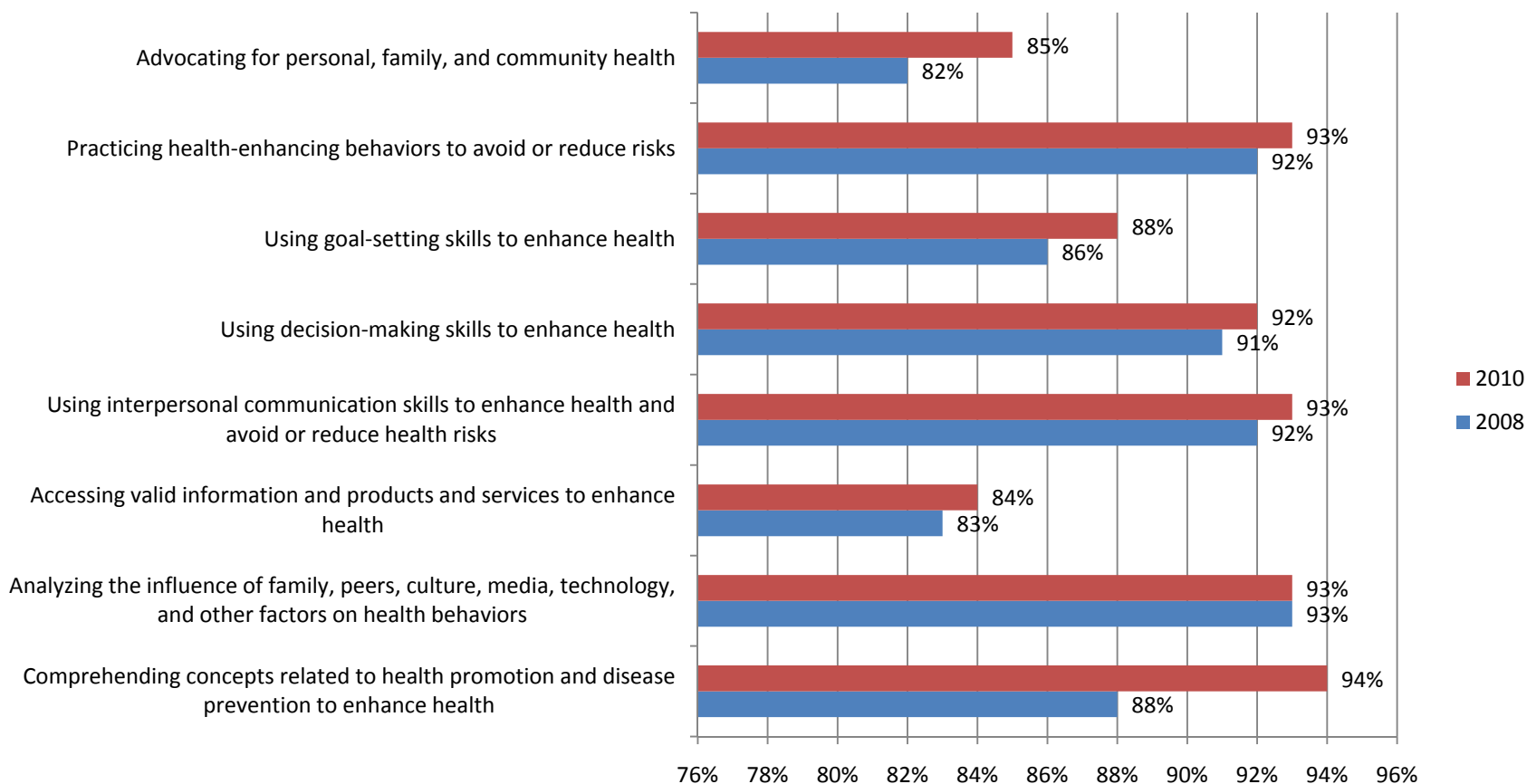
(Source: 2008, 2010 School Health Profiles)



Health Education

Percentage of schools in which the health education curriculum addresses the following topics

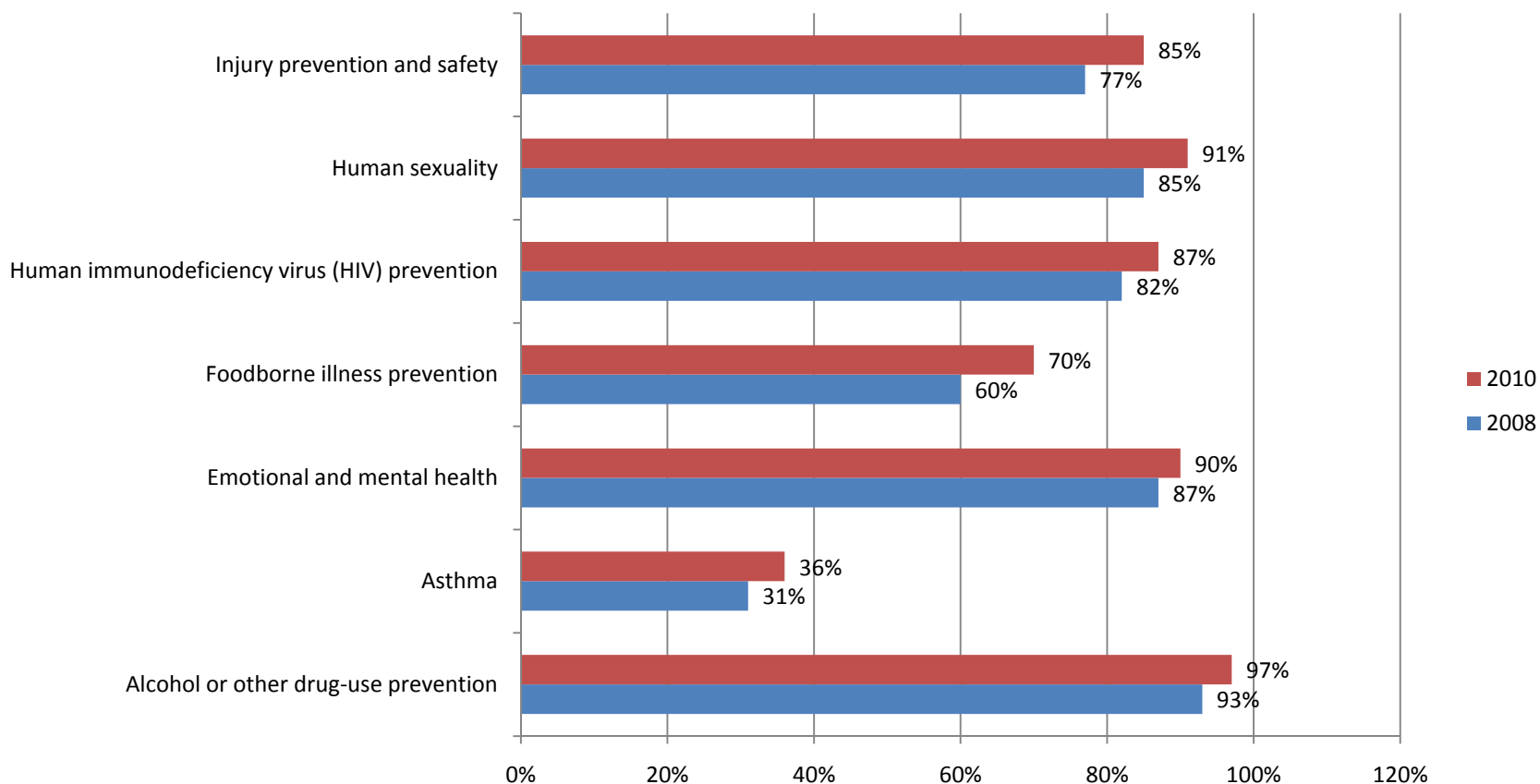
(Source: 2008, 2010 School Health Profiles)



Health Education

Health Education Topics Taught in Required Health Education Courses

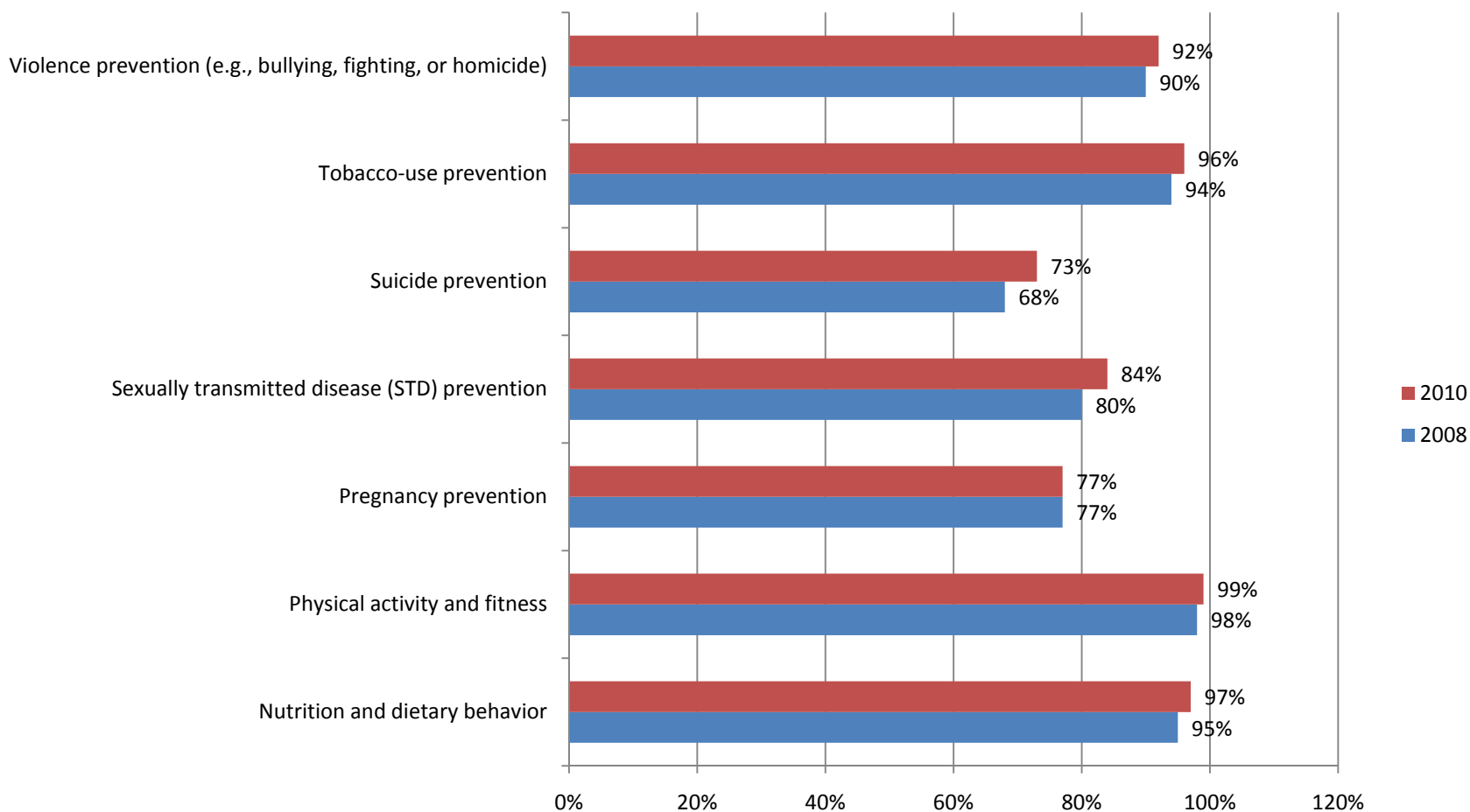
(Source: 2008, 2010 School Health Profiles)



Health Education

Health Education Topics Taught in Required Health Education Courses

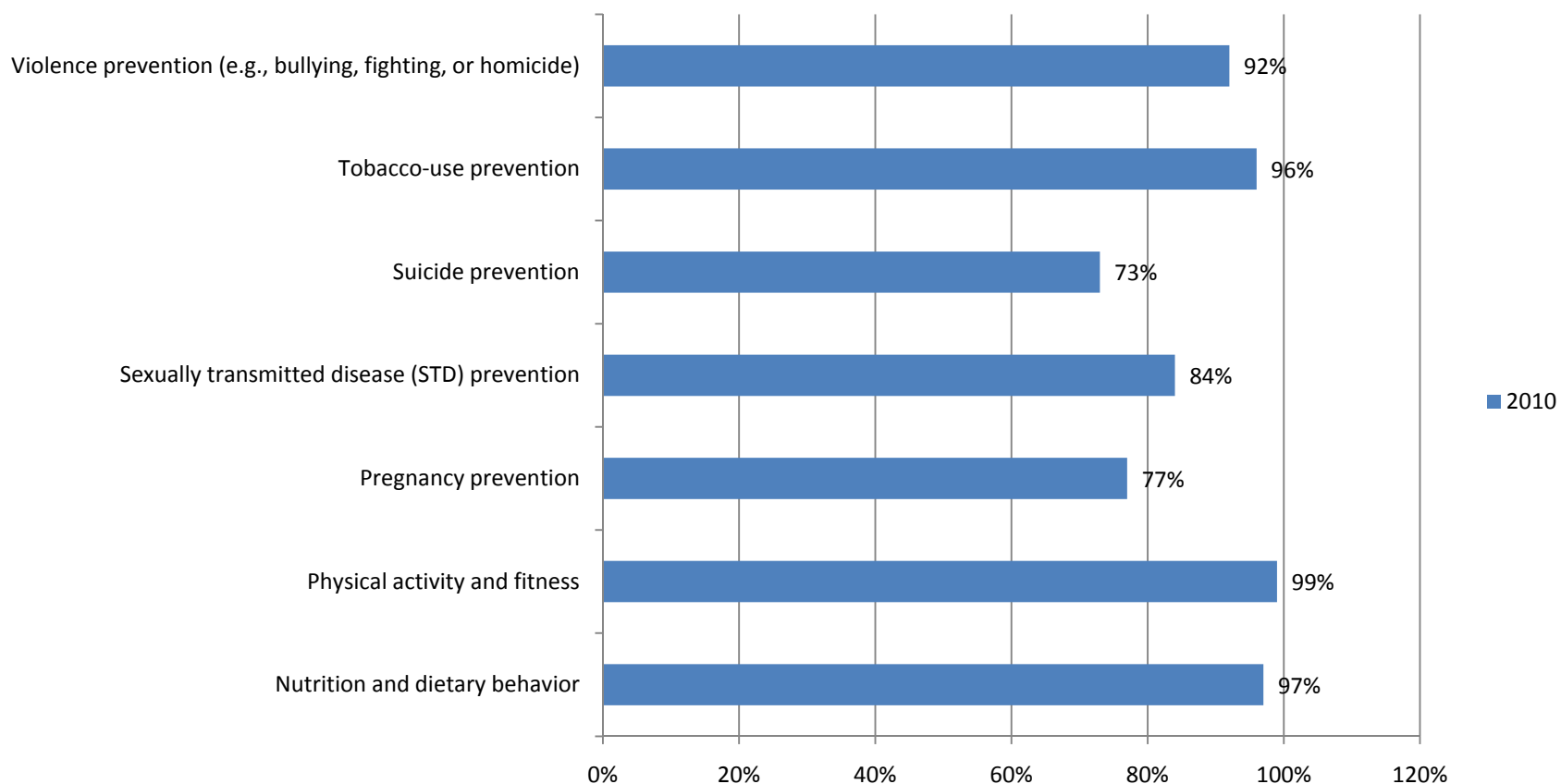
(Source: 2008, 2010 School Health Profiles)



Health Education

Percentage of schools in which the lead health education teacher tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12

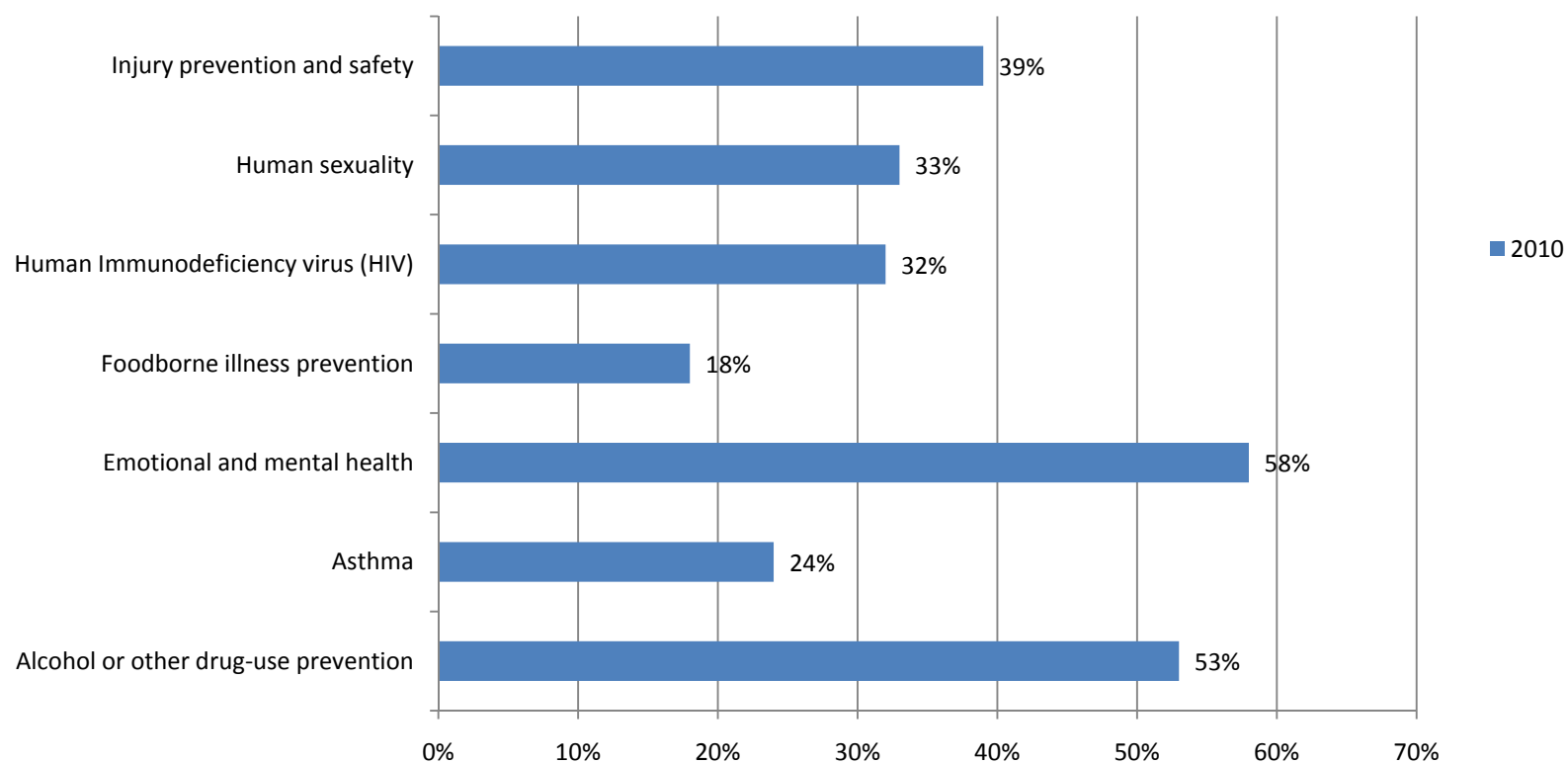
(Source: 2008, 2010 School Health Profiles)



Health Education

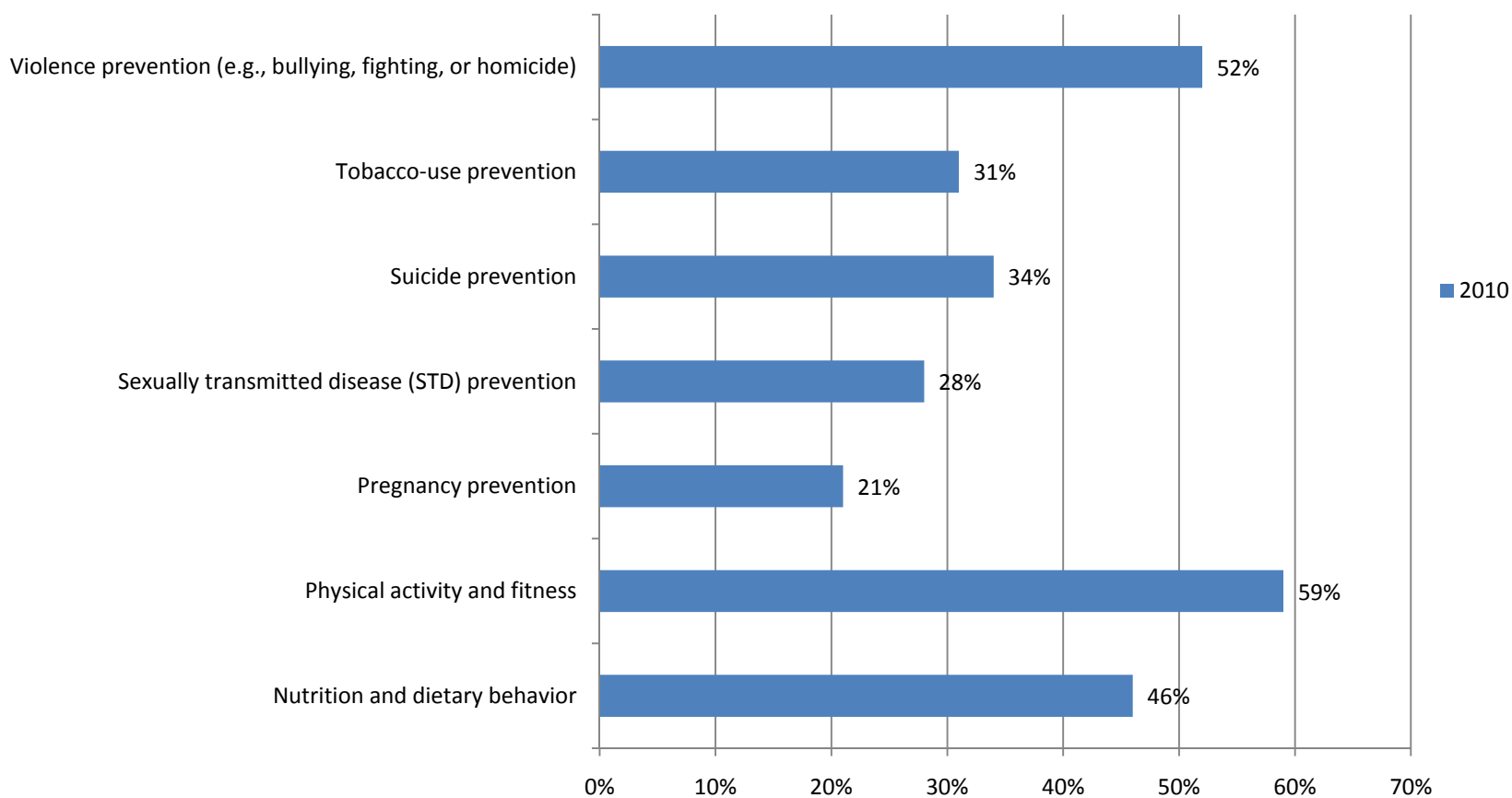
Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conference, continuing education, or any other kind of in-service) on each of the following topics during the past two years

(Source: 2008, 2010 School Health Profiles)



Health Education

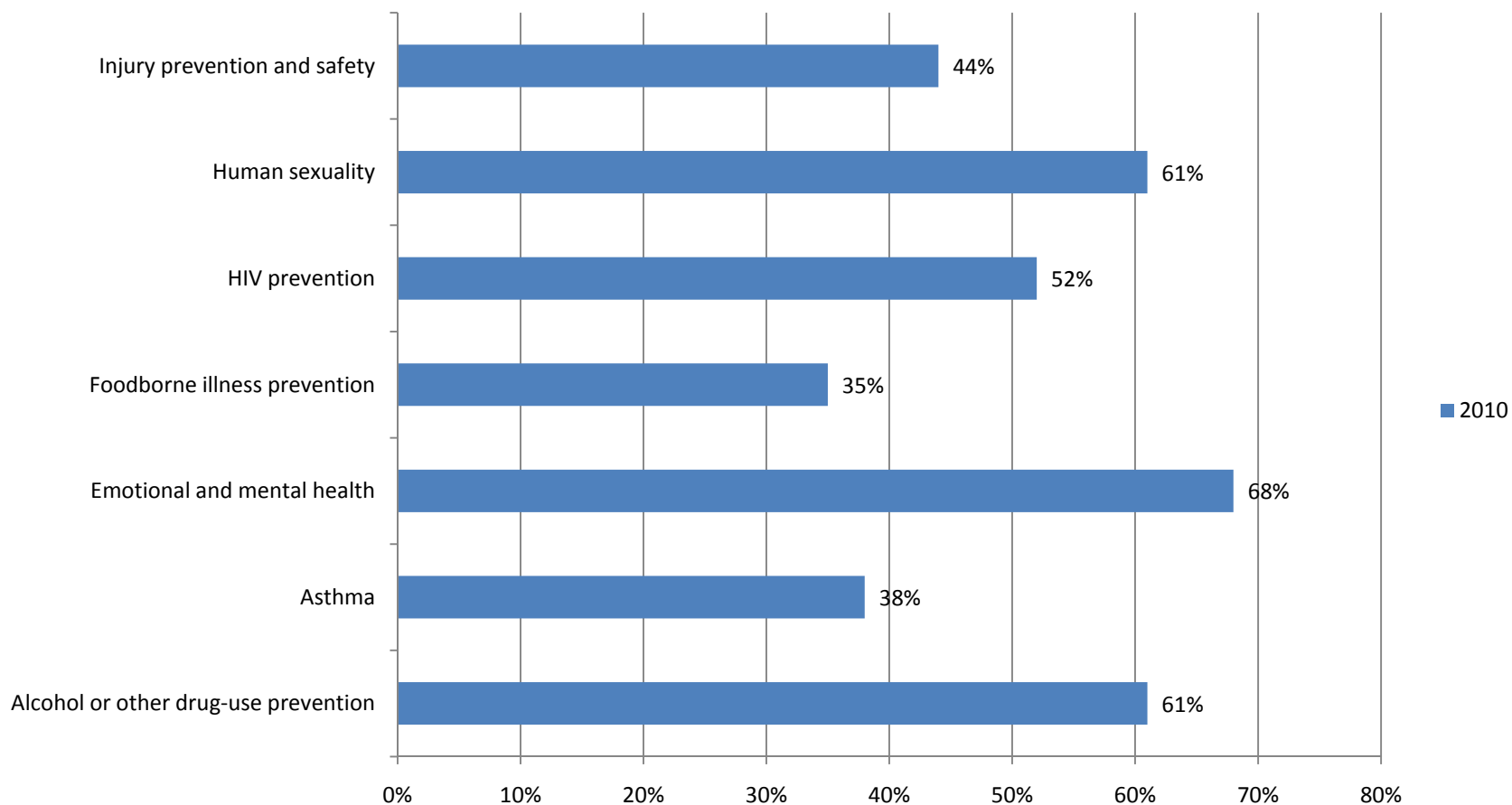
Percentage of schools in which the lead health education teacher received professional development on each of the following topics during the past two years
(Source: 2008, 2010 School Health Profiles)



Health Education

Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

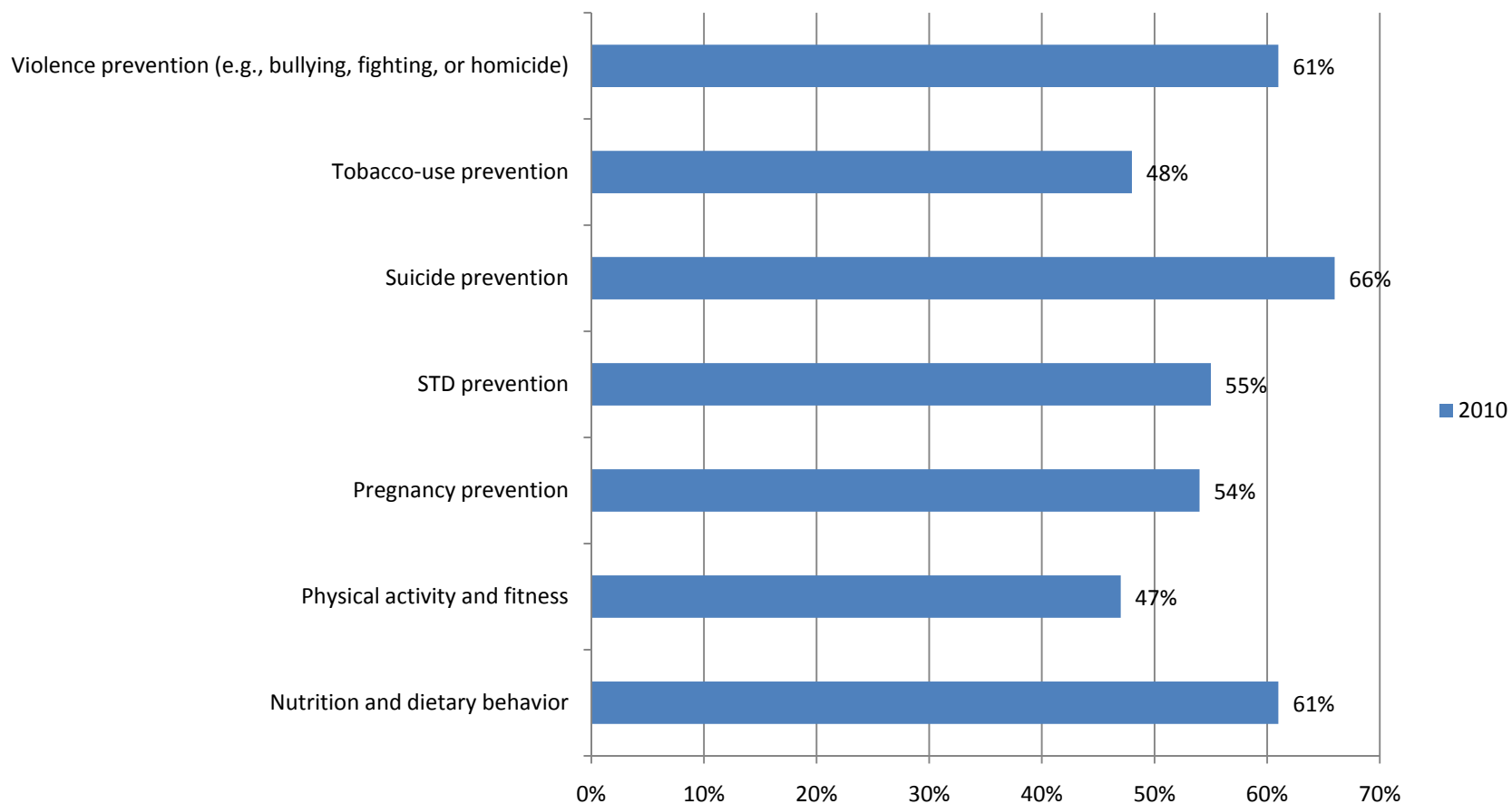
(Source: 2008, 2010 School Health Profiles)



Health Education

Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics

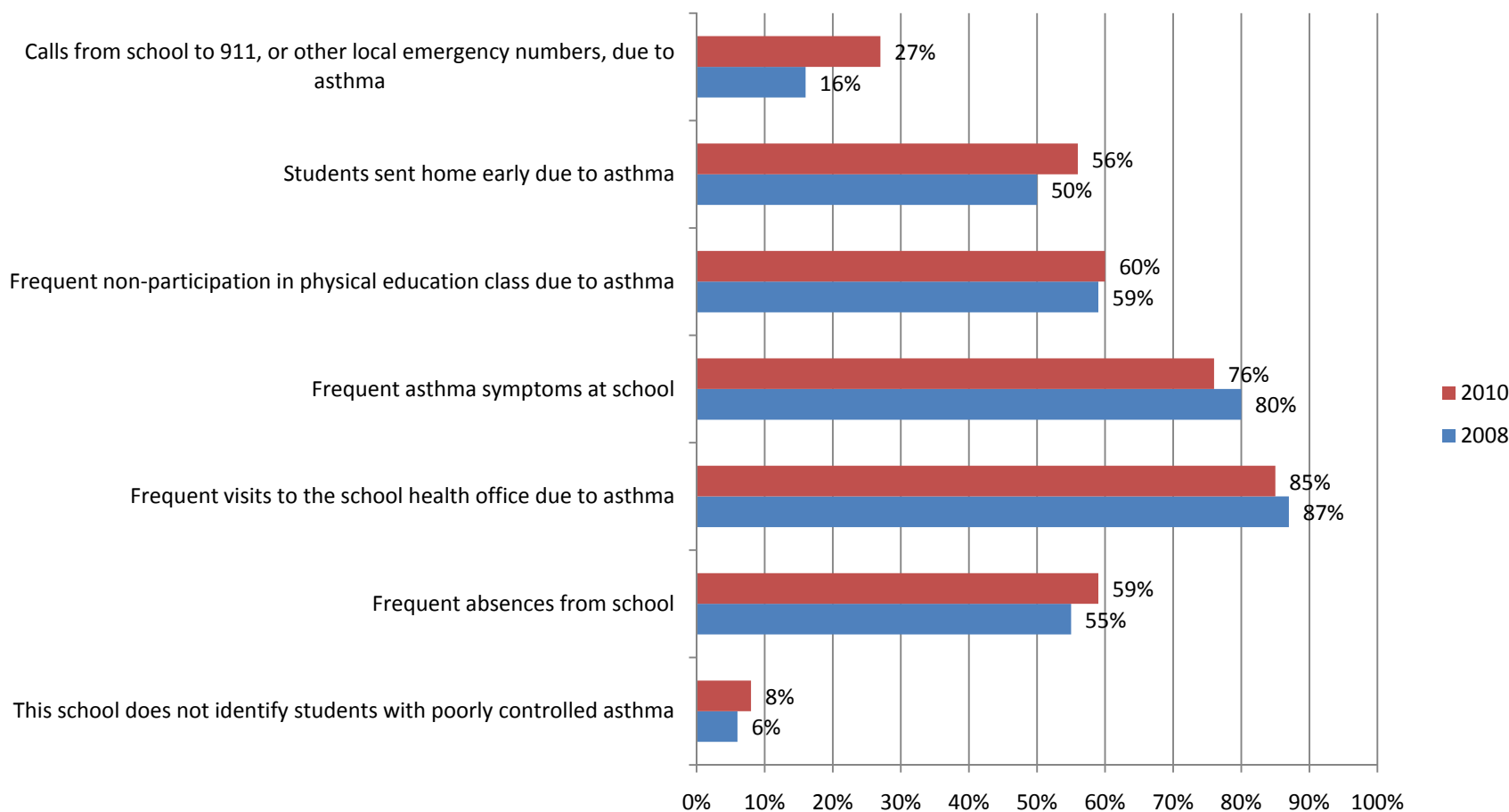
(Source: 2008, 2010 School Health Profiles)



Health Services

Percentage of schools that use the following events to identify students with poorly controlled asthma

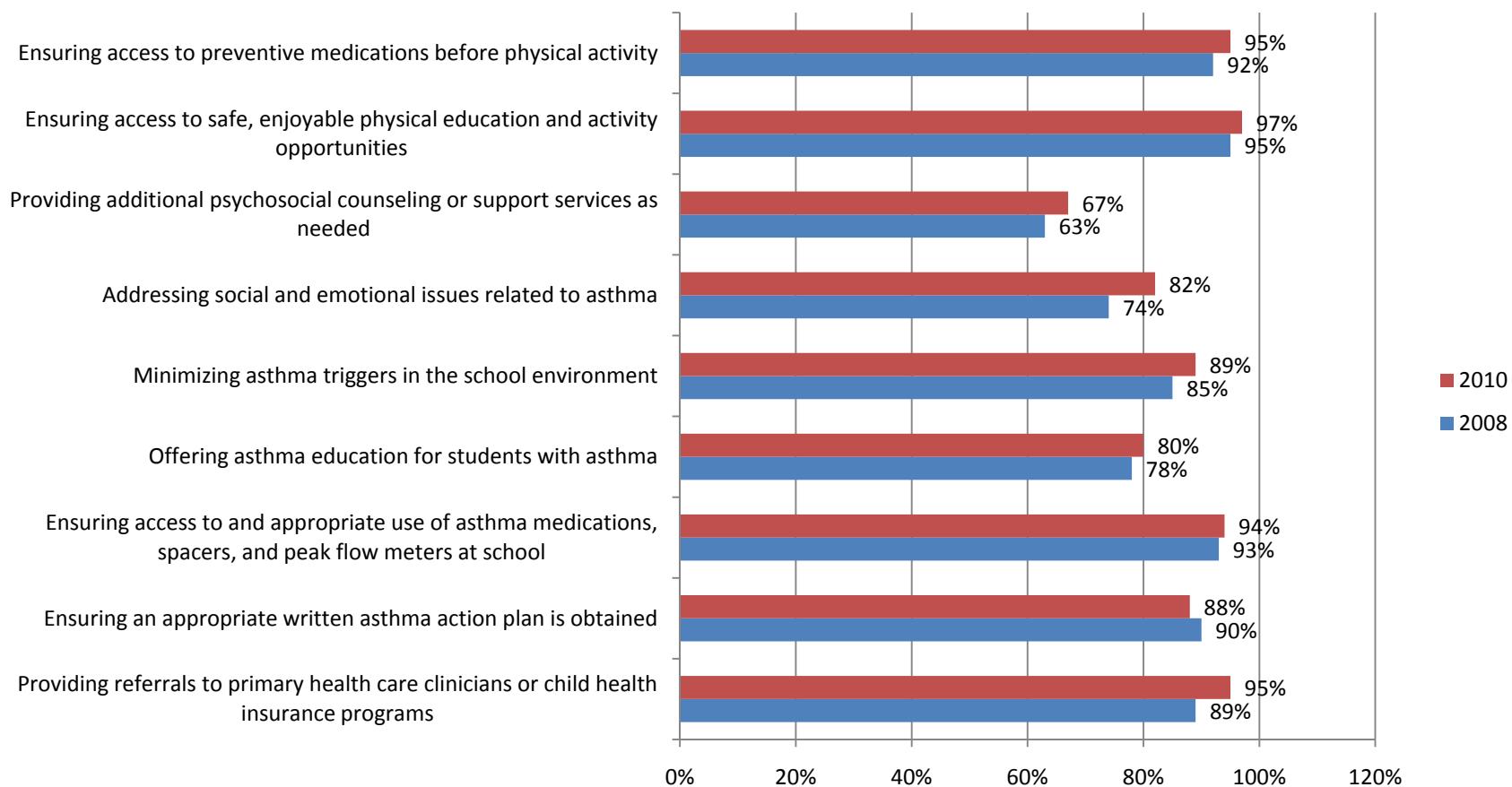
(Source: 2008, 2010 School Health Profiles)



Health Services

Percentage of schools that provide the following services for students with poorly controlled asthma

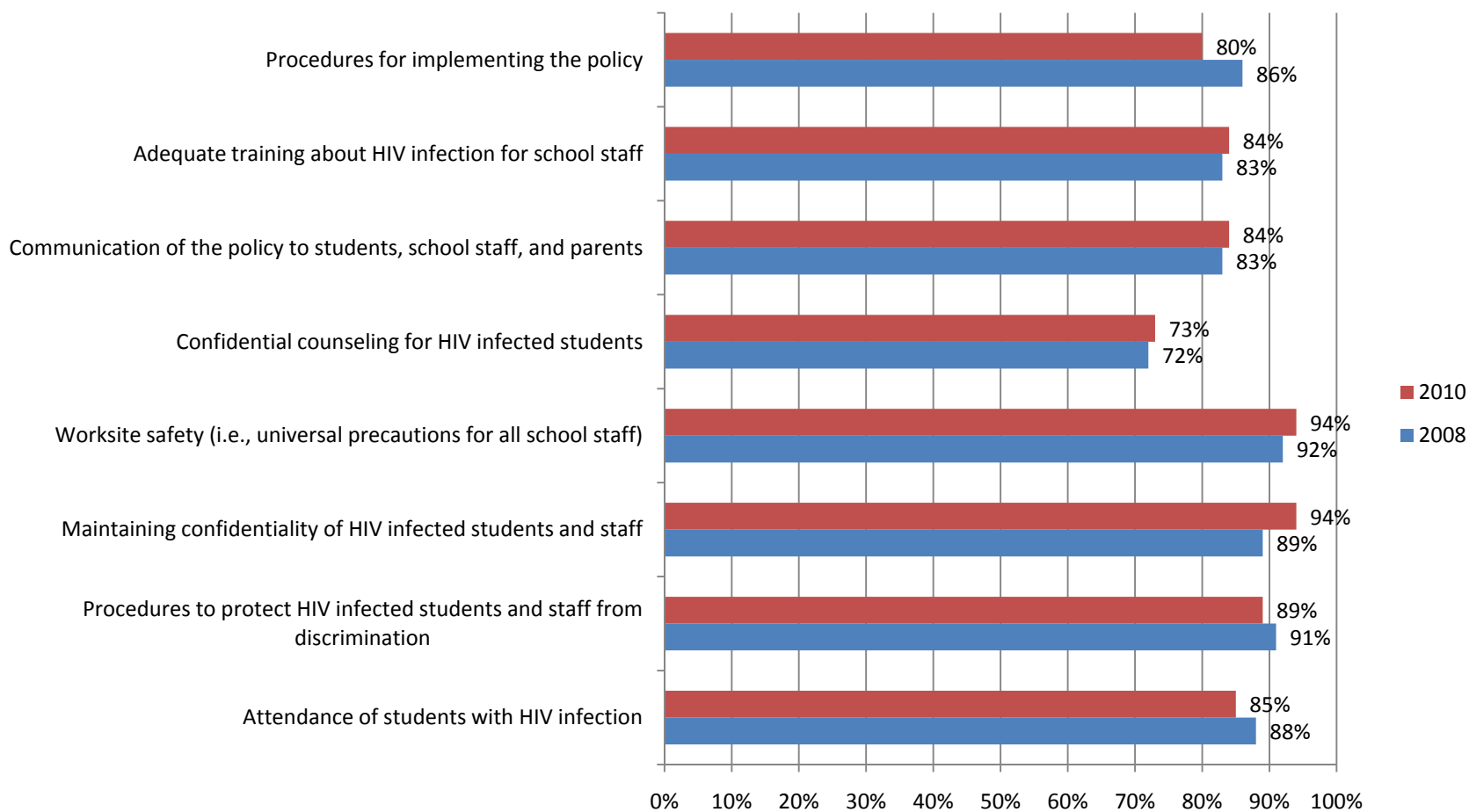
(Source: 2008, 2010 School Health Profiles)



HIV Policies

Percentage of schools that have adopted a policy that addresses the following issues

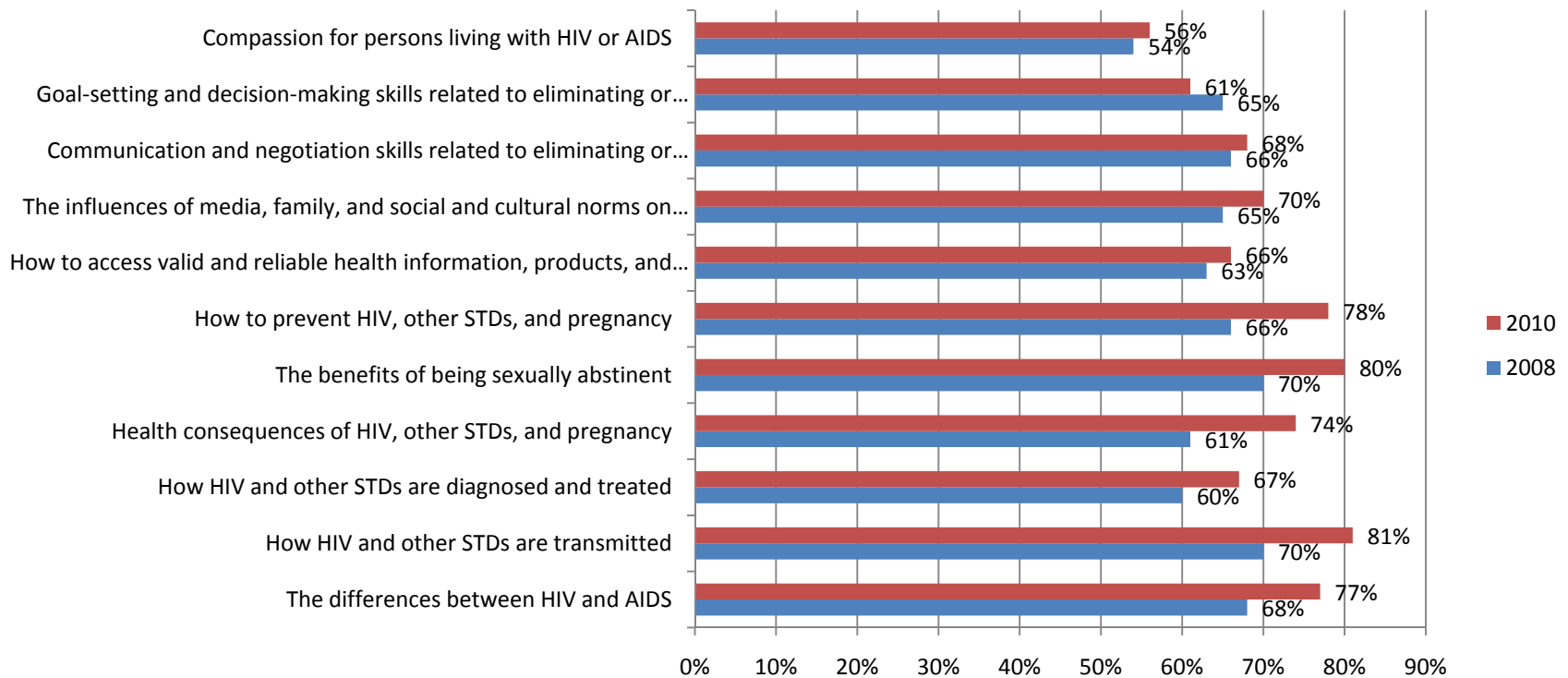
(Source: 2008, 2010 School Health Profiles)



HIV Prevention

Percentage of schools in which teachers taught the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 6, 7, or 8 during the current school year

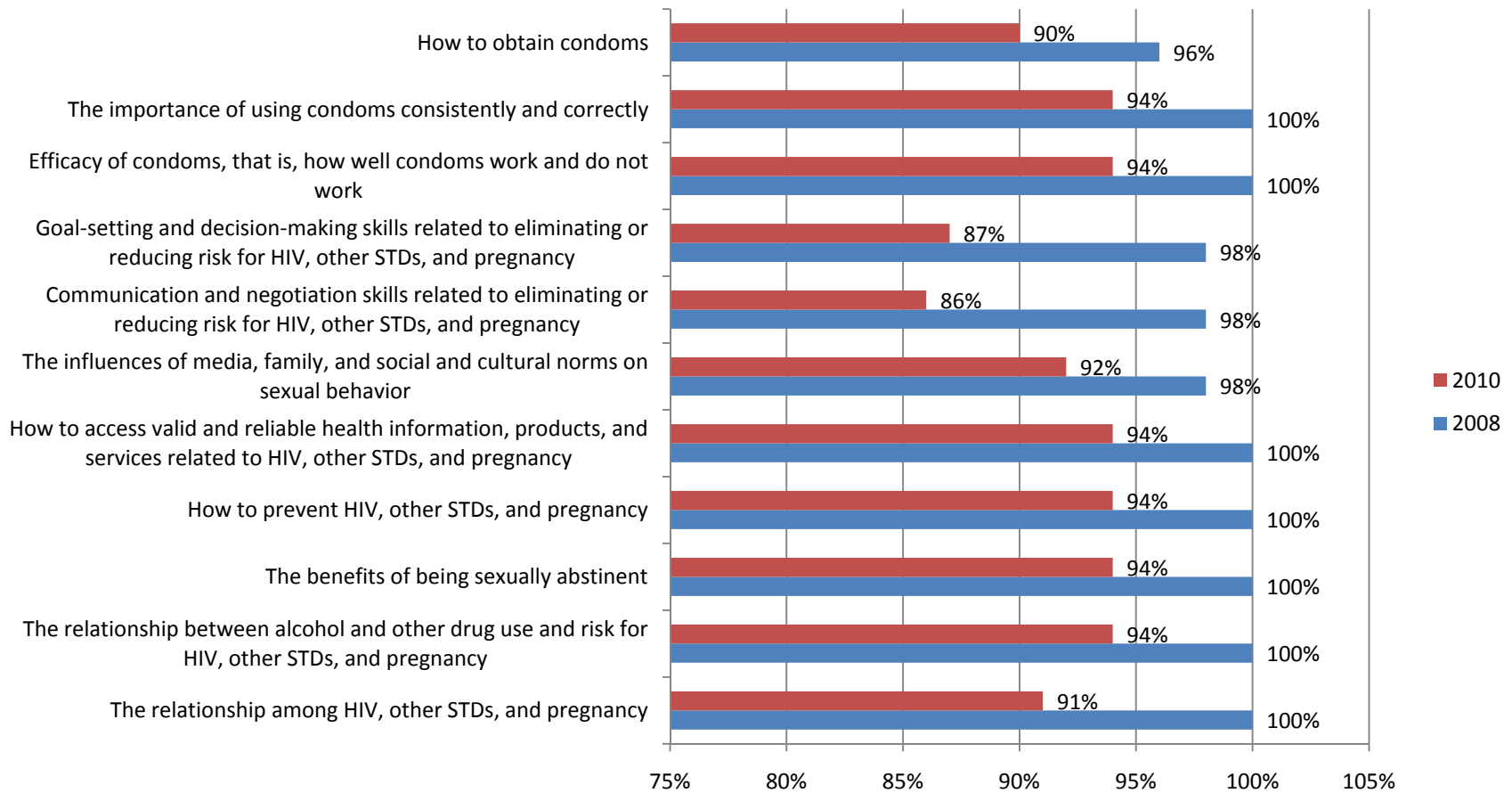
(Source: 2008, 2010 School Health Profiles)



HIV Prevention

Percentage of schools in which teachers taught the following HIV, STD, or pregnancy prevention topics in a required course for students in any of grades 9 through 12 during the current school year.

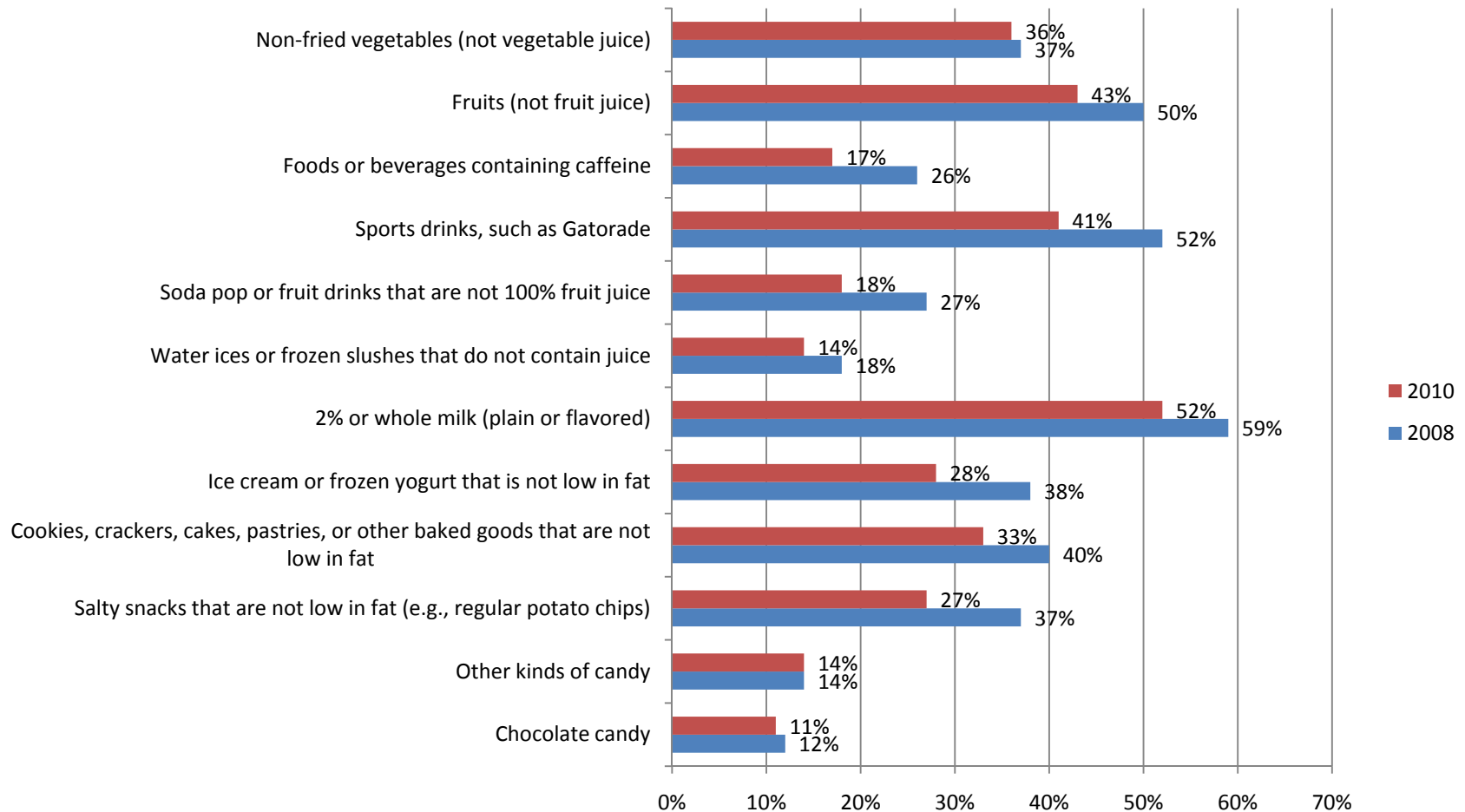
(Source: 2008, 2010 School Health Profiles)



Nutrition Policies, Practices and Programs

Percentage of schools in which students could purchase the following snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar.

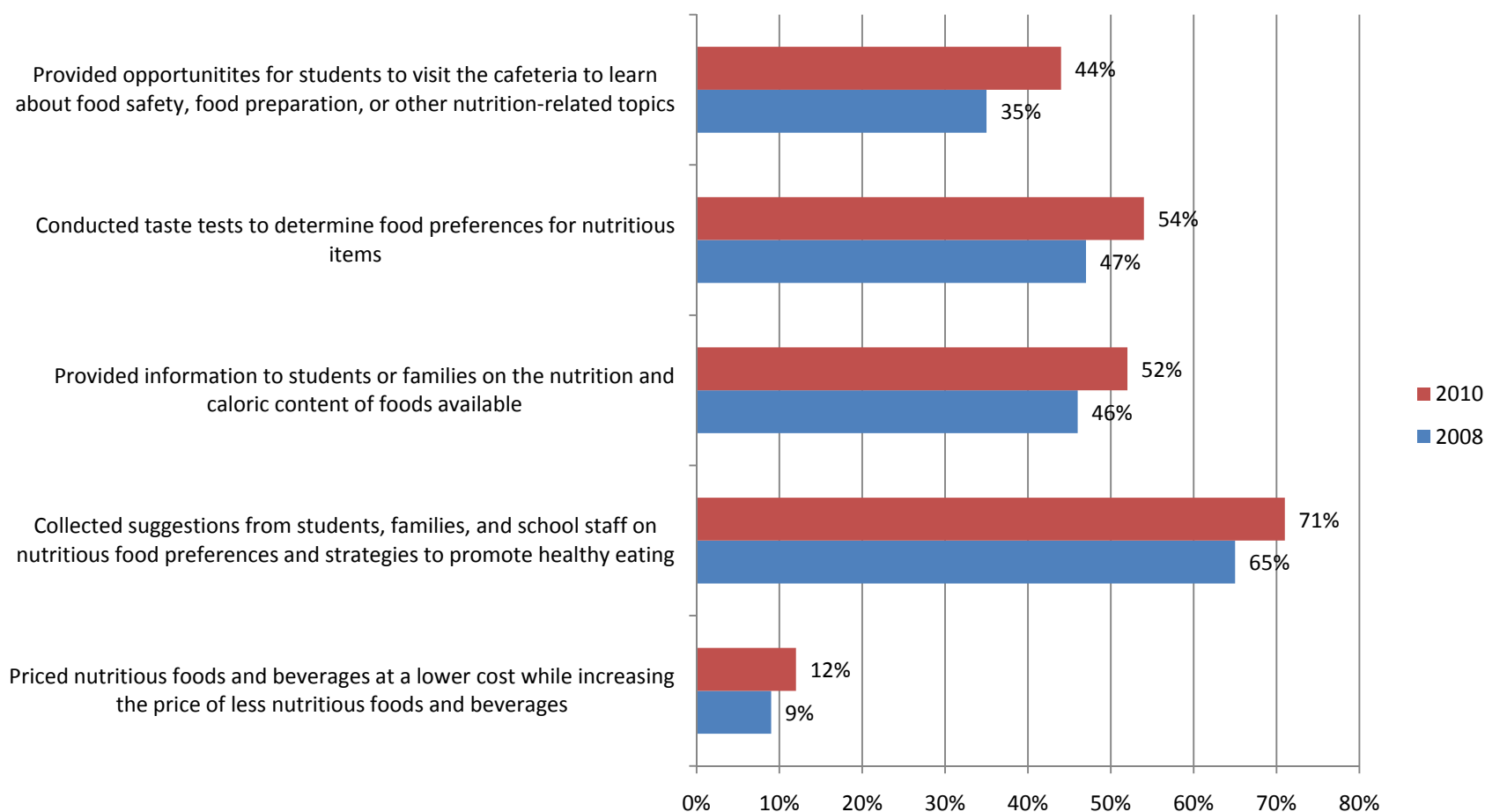
(Source: 2008, 2010 School)



Nutrition Policies, Practices and Programs

Percentage of schools that have done the following during the current school year.

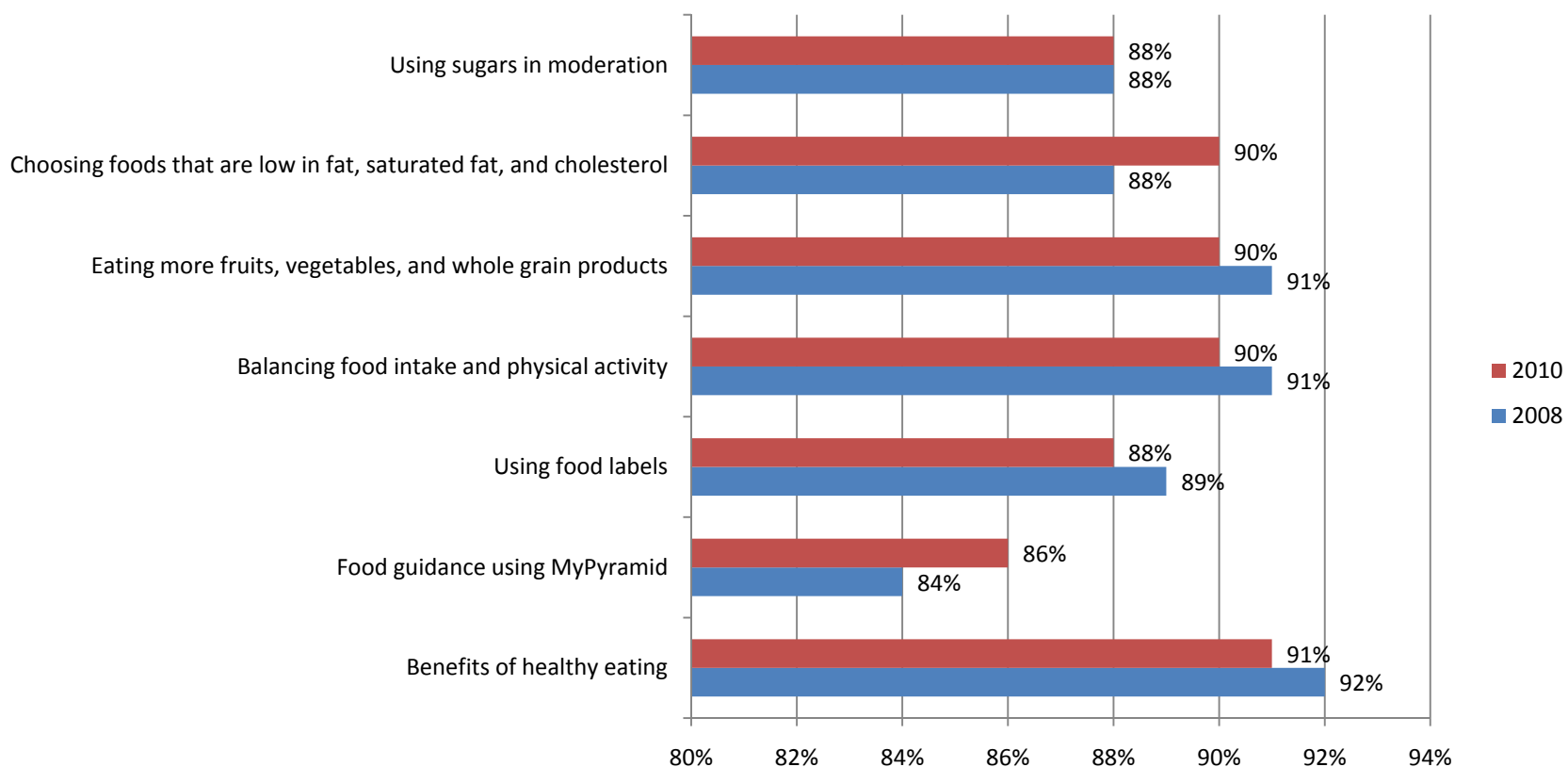
(Source: 2008, 2010 School Health Profiles)



Nutrition Education

Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year

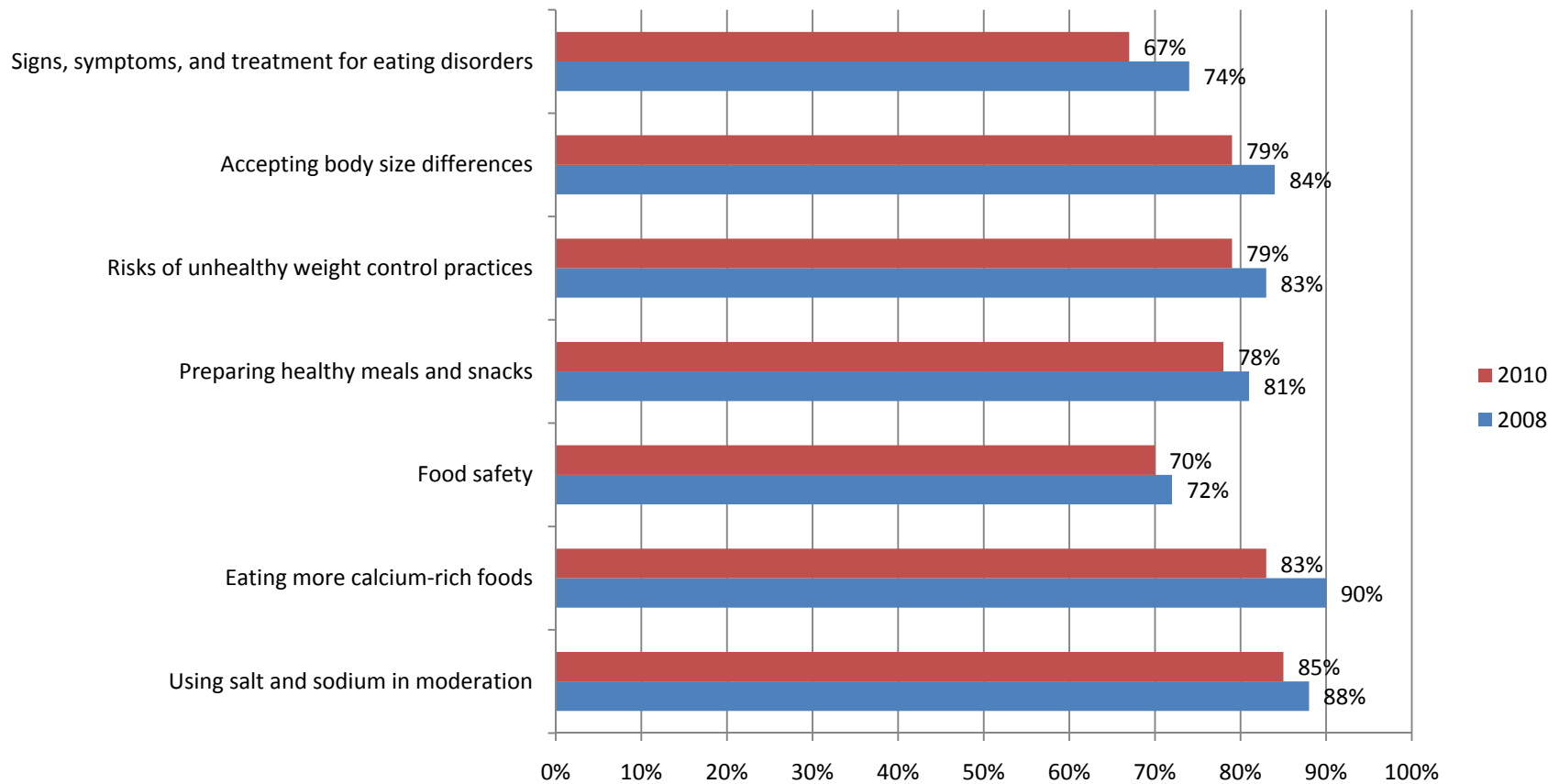
(Source: 2008, 2010 School Health Profiles)



Nutrition Education

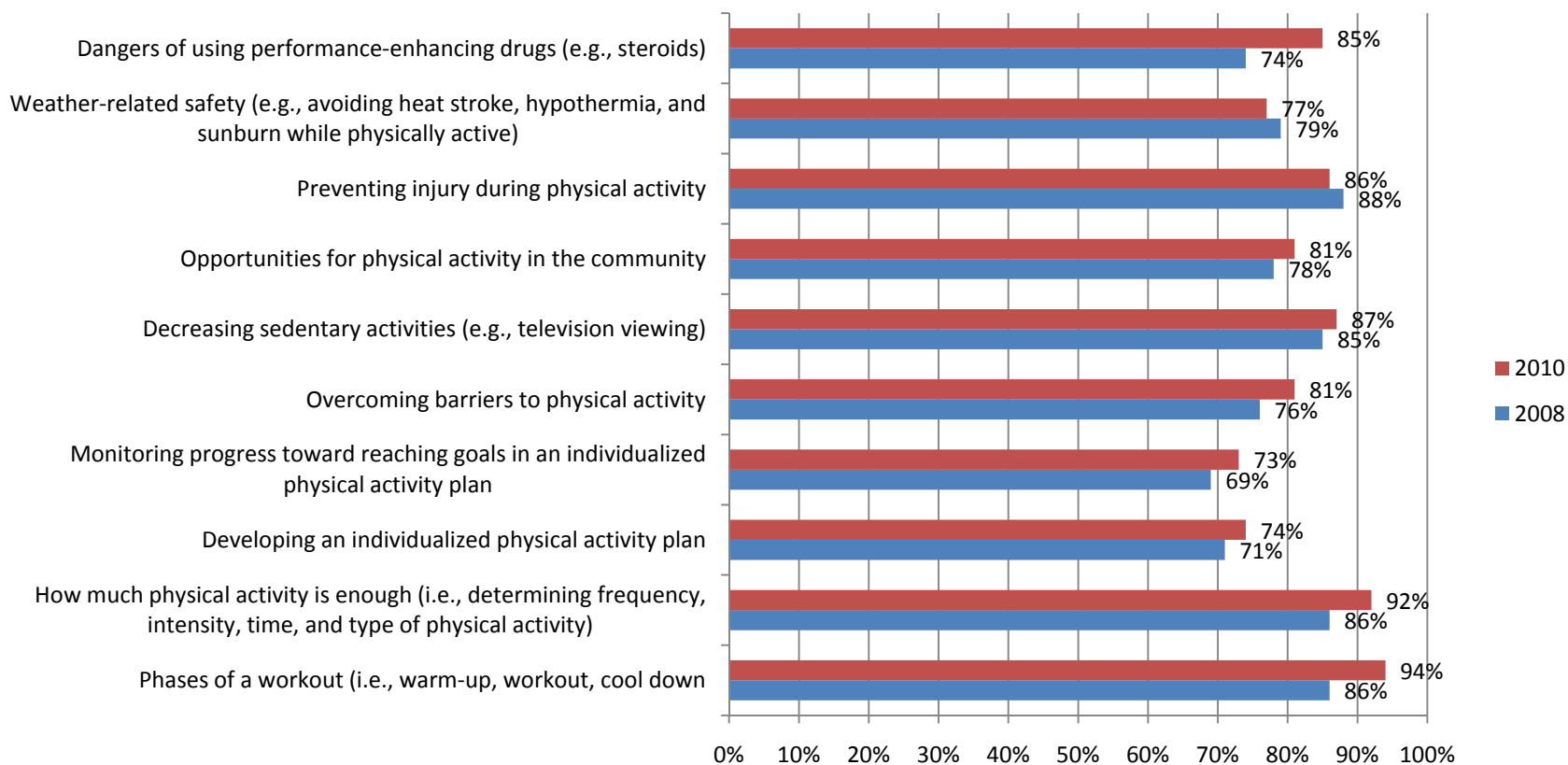
Percentage of schools in which teachers taught the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year

(Source: 2008, 2010 School Health Profiles)



Physical Activity

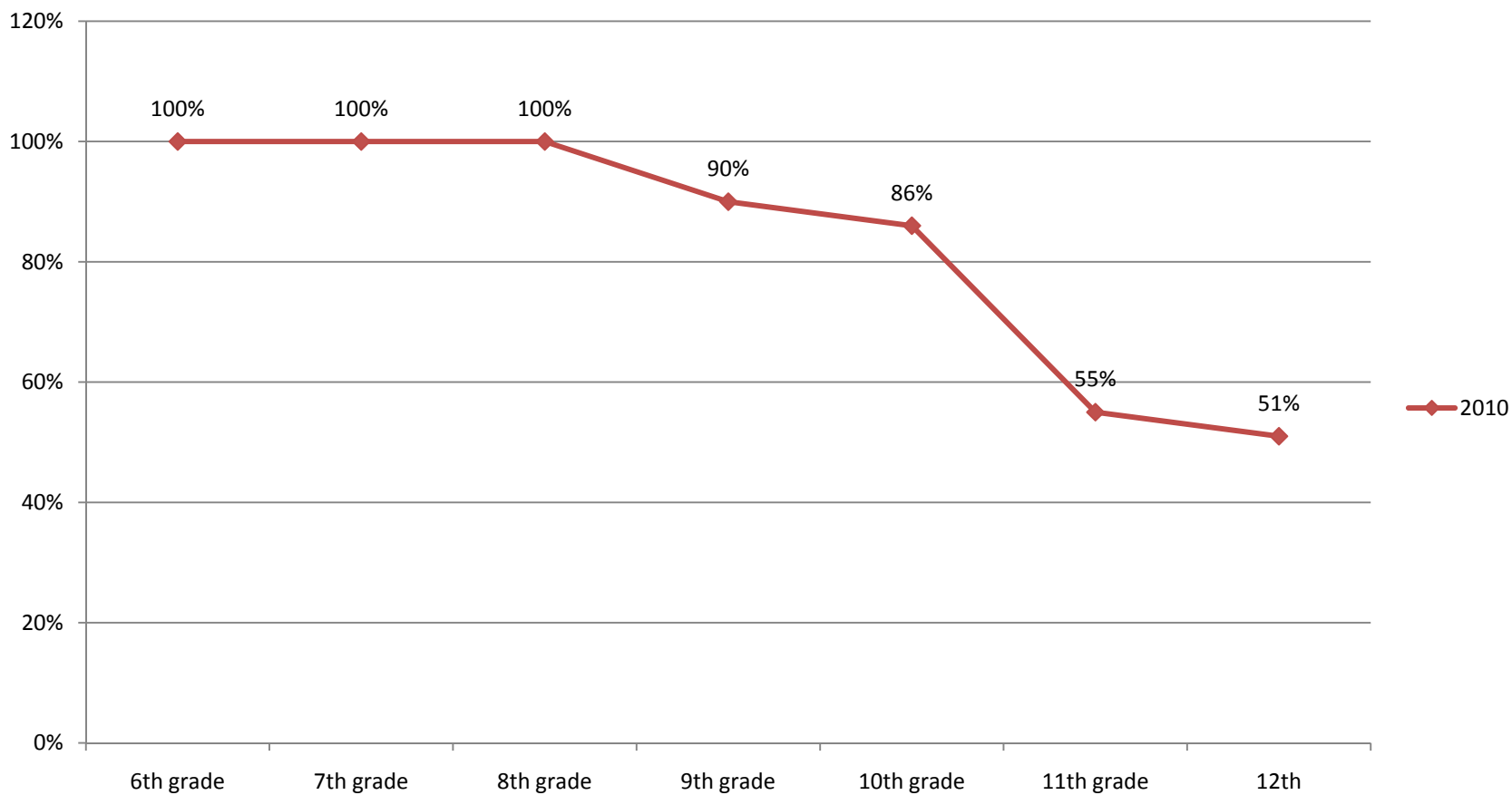
Percentage of schools in which teachers taught the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year
(Source: 2008, 2010 School Health Profiles)



Physical Education

Percentage of schools that taught a required physical education course in each of the following grades

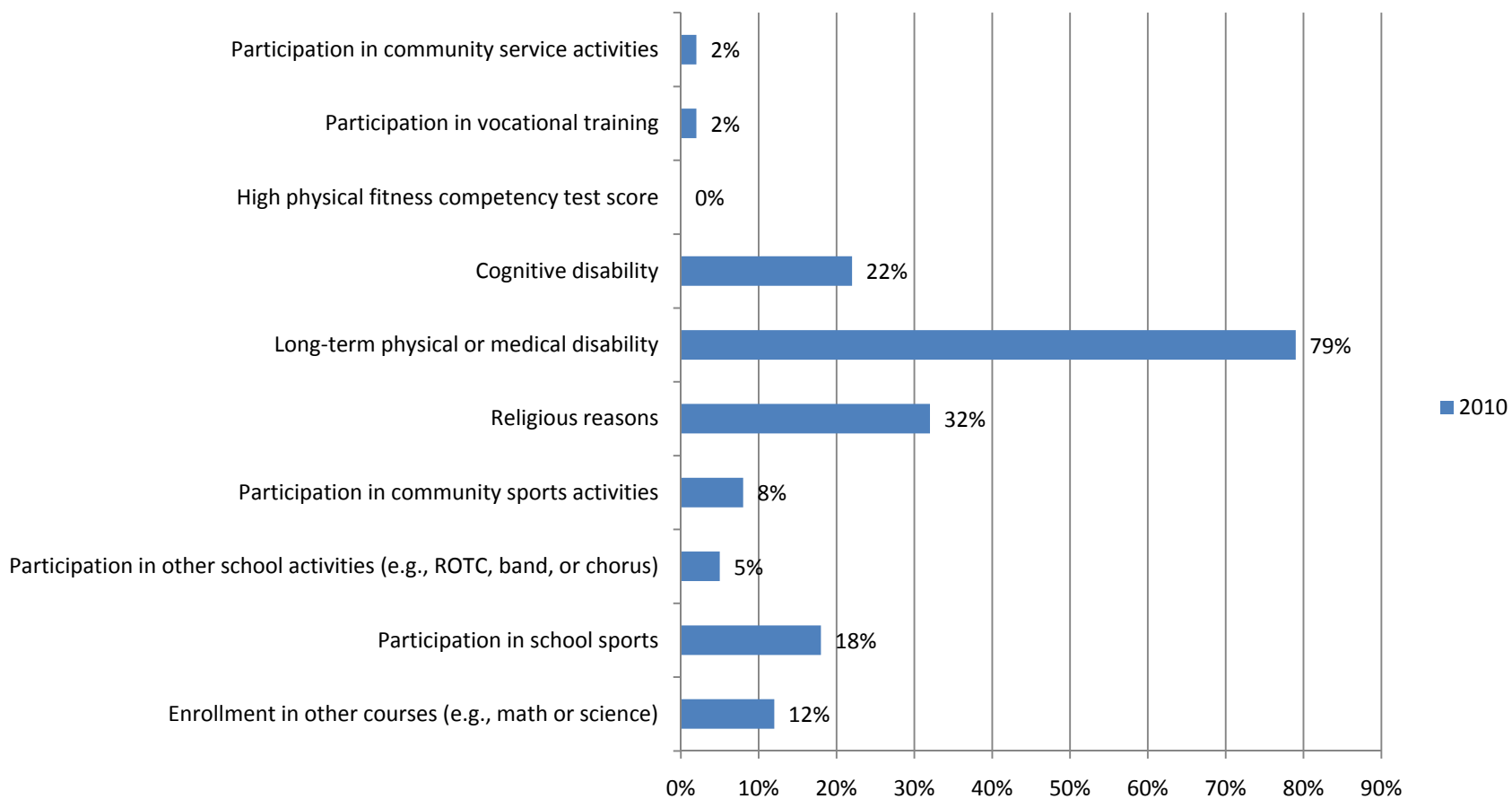
(Source: 2008, 2010 School Health Profiles)



Physical Education

Percentage of schools in which students can be exempted from taking required physical education for one grading period or longer for any of the following reasons

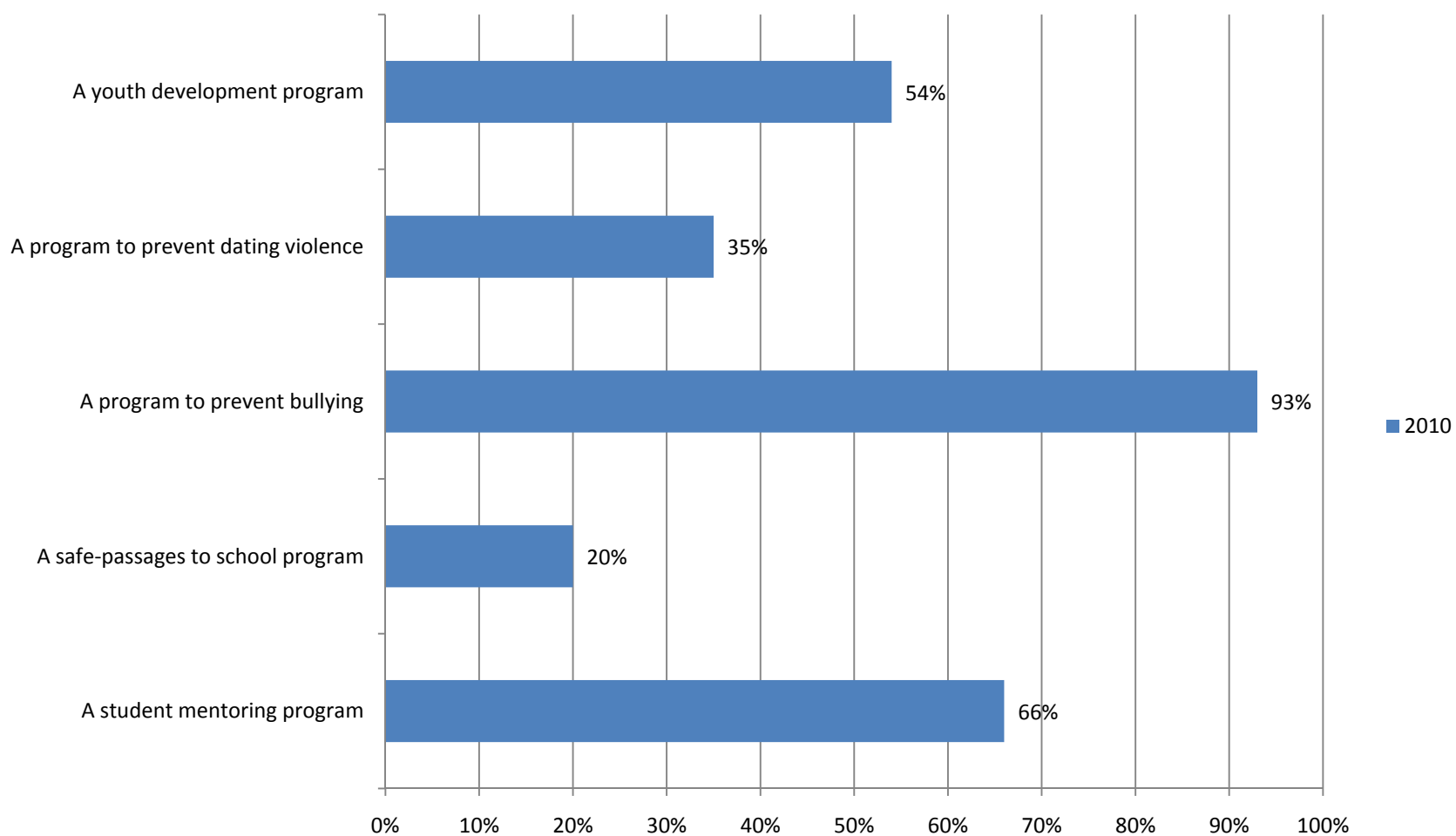
(Source: 2008, 2010 School Health Profiles)



Safety and Violence Prevention

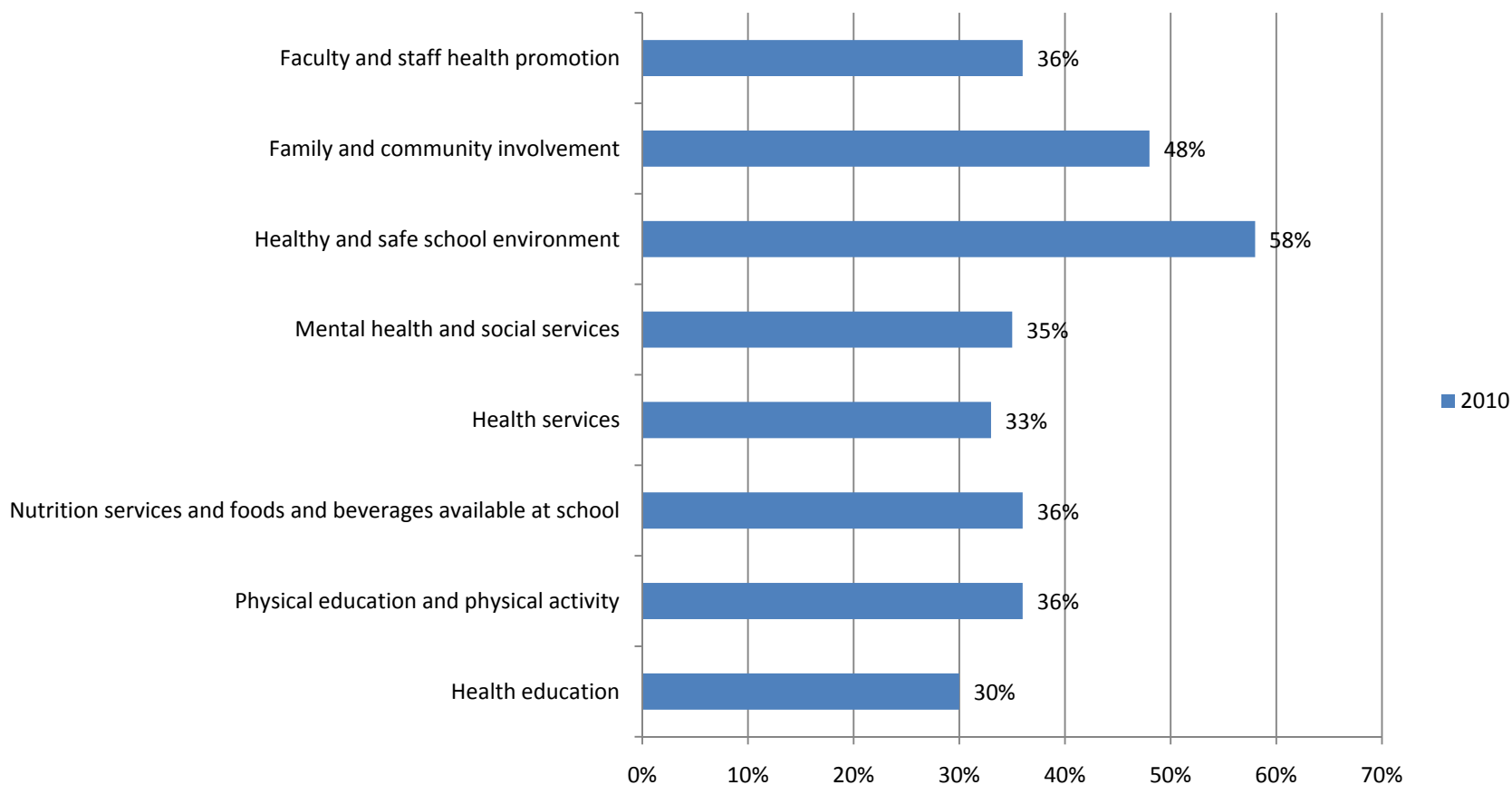
Percentage of schools that have or participate in each of the following programs

(Source: 2008, 2010 School Health Profiles)



School Improvement Plans

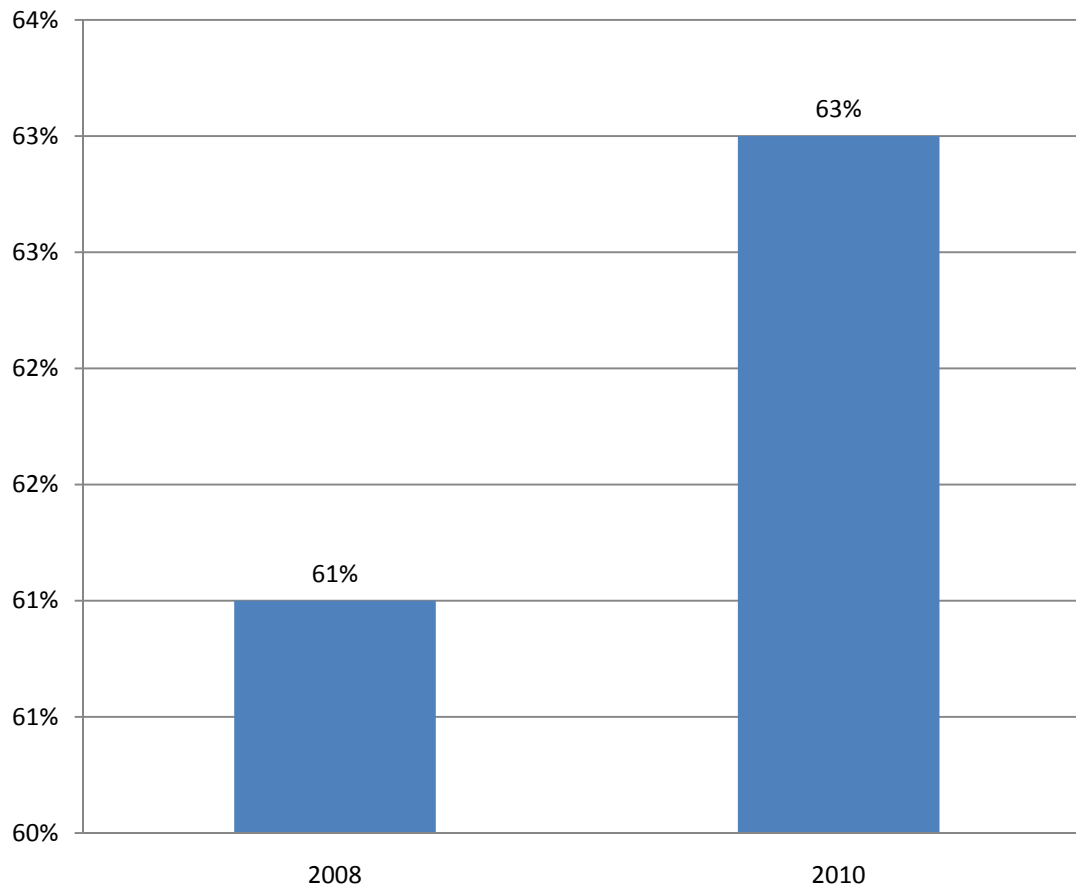
Percentage of schools with a School Improvement Plan that includes health-related goals and objectives on the following topics
(Source: 2008, 2010 School Health Profiles)



Tobacco-Use Prevention Policies

Percentage of schools that follow a policy that mandates a "tobacco-free environment."

(Source: 2008, 2010 School Health Profiles)

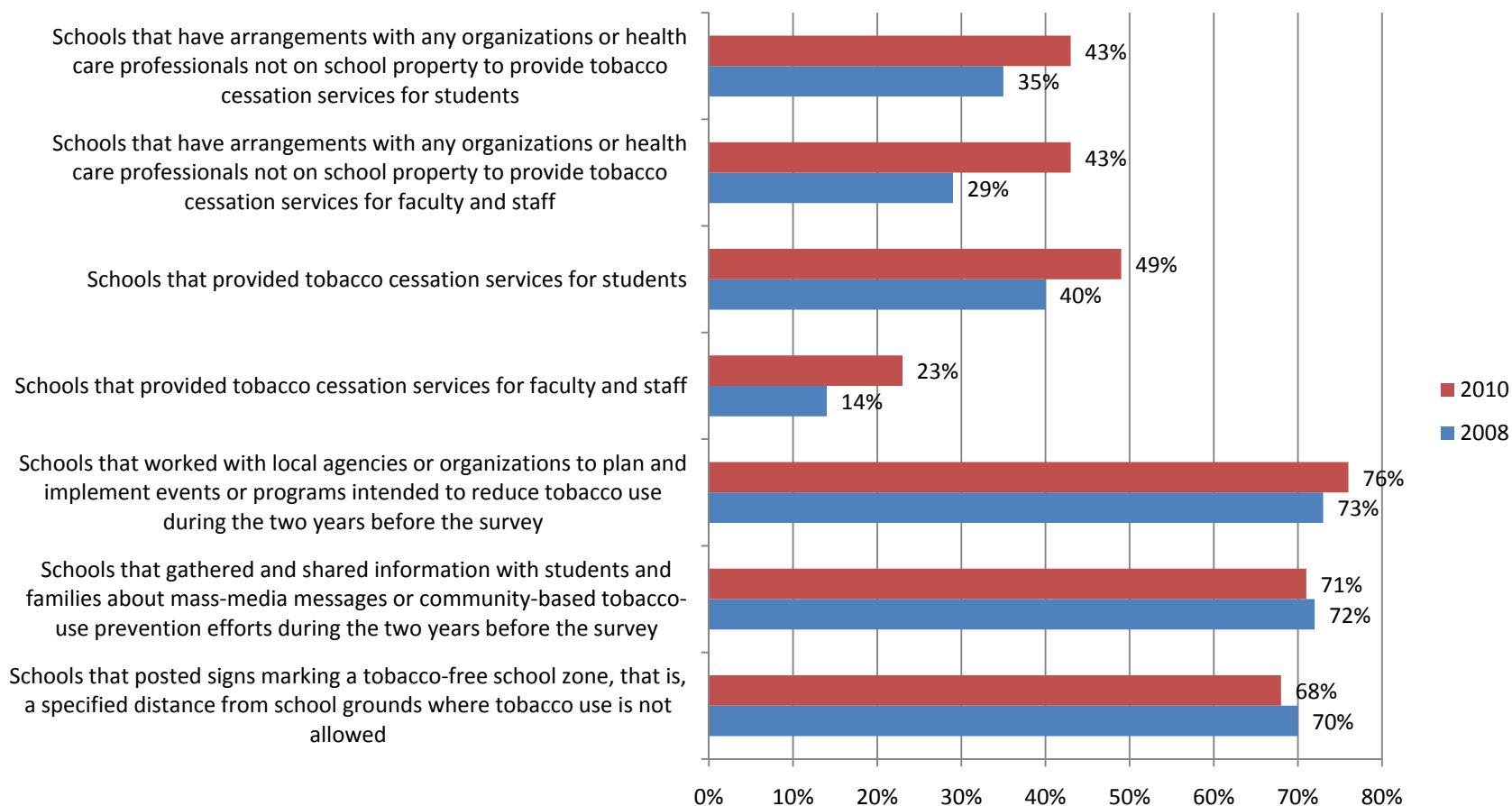


- *Percentage of schools that follow a policy that mandates a "tobacco-free environment." A "tobacco-free environment" is one that prohibits tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.*

Tobacco-Use Prevention

Percentage of schools in which Tobacco-use Prevention Topics are Taught in Required Health Education Courses

(Source: 2008, 2010 School Health Profiles)



Tobacco-Use Prevention

Percentage of schools in which teachers taught the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

(Source: 2008, 2010 School Health Profiles)

